

Risk Assessment for bouldering at Chimera Climbing Centre (Tunbridge Wells and Chatham).

Prepared by: Kent and Sussex Climbing Ltd

For: Kent and Sussex Climbing Ltd.

On: 12<sup>th</sup> July 2025

Review On: 12<sup>th</sup> July 2026

Signed by: Huseyin Boz



Potential Hazards	People at Risk and How?	Risk Rating Prior to Measures	Actions Already in Place	Further Actions Required	Risk Measures remain after controls
Fall from Height	Participants – Serious injury from falling,	Major Risk	Encourage climbing down where possible. Ensure landing zones are clear. Discourage dangerous moves.	None at present time	Minor Risk
Striking an Object	Participants – Twists / Fractures / Bruises	Minor Risk	Avoid moves above low volumes. Ensure landing zones are clear.	None at present.	Minor Risk
Landing on an object	Participants – Twists / Fractures / Bruises	Major Risk	Ban water bottles on the mats. Ensure landing zones are clear.	None at present.	Minor Risk
Musculoskeletal injuries	Participants – Repetitive Strains from overuse.	Major Risk	Ensure a full warm up is always complete.	None at present.	Minor Risk

	<p>Failure to warm up properly.</p> <p>Participants and staff – impact from collision</p>		<p>Avoid over training / performing exercises that are too hard or repetitive.</p>		
Overexertion and Fatigue	<p>Participants – potential damage to the body.</p>	Minor Risk	<p>All sessions will be led by qualified instructors.</p>	None at present.	Minor Risk
Use of Campus Board & Finger Board	<p>Participants – injury to fingers or eblows, including growthplates.</p>	High Risk	<p>Avoid any Campusing with climbers under the age of 18.</p> <p>Only use the fingerboard with guidance from a coach.</p>	None at present.	Minor Risk
Striking another climber / person	<p>Participants / Centre Staff / Other Customers</p>	High Risk	<p>Ensure everyone has completed their induction / safety video with Chimera Climbing Centre.</p> <p>Ensure people aren't climbing close, above or under each other.</p> <p>Ensure landing zones are clear.</p>	None at present.	Minor Risk

<p>Use of training equipment including free weights and pull up bar.</p>	<p>Musculoskeletal injuries. Dropping weight on toes.</p>	<p>High Risk</p>	<p>All under 18's are discouraged from using weights and training tools unless supervised by a coach.</p> <p>Ensure all participants are fully warmed up and understand form.</p>	<p>None at present.</p>	<p>Minor Risk</p>
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